

Congratulations! You are going to be a father soon...

The Jeffery Hale places great importance on your role as father, and we wish to highlight this in a special way.

We value the growth of a strong father-child bond in the early days of life. Studies shows that this early bonding is very important to your child's development. This bond with Daddy is as important as the bond with Mommy. Each parent brings their own unique touch when caring for baby.

To help you during this exciting time our team has put together a series of twelve letters from baby to father. Each letter will help you understand what growing up feels like from your baby's point of view! You can look forward to receiving a letter each month during the first year of your child's life.

We hope this project, called "**Letters to My Daddy**", will help you realize how important you are to your baby. We wish you many memorable moments with your new little one.

Best wishes from all of us at
Jeffery Hale Community Services



Dear Daddy,

I am sure that I've been in your thoughts for quite a while now, and that I am already a big part of your life. Mommy talks to you all the time about me. She says that I am giving her all sorts of feelings, that she dreams about me, that she feels me moving, that she is tired sometimes, and lots more.

Can you hear my heart beat yet? Did you see me clearly during the ultrasound? Do you know if I am a boy or a girl?

You might be asking yourself other questions too. Will I be in good health? What role will you play in my life? Will you be as special to me as Mommy?

Talk to others about these questions. It will help to reassure you. As for me, I don't expect you to be perfect.

Daddy, I hope you are getting excited to see me. I sure am looking forward to you holding me in your arms for the first time.

See you at my birth.

With love from your little baby

An original idea of the:

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Une communauté de soins
A Community of Care