



Community Services is located in the Jeffery Hale Pavilion



# Jeffery Hale

## How to access services

To receive services in English from the homecare team of Jeffery Hale, you, a member of your family, or your doctor can talk to one of our intake social workers or nurses.

Please call or drop by Jeffery Hale Community Services at:

**418 684-JEFF (5333), ext. 1580**

Community Services, located in the Jeffery Hale Pavilion, is open Monday to Friday, 8:30 AM - 4:30 PM

[www.jefferyhale.org](http://www.jefferyhale.org)



## One number

If you live in the Greater Quebec City region and would like health and social services in English, please call the Jeffery Hale at:

» **418 684-JEFF (5333)**

1 888 984-5333 toll-free

- Emergency Room
- Diagnostic Services
- Senior Care
- Community Services (free CLSC-type services in English)



## Jeffery Hale

418 684-JEFF (5333)  
1250, ch. Sainte-Foy  
Québec QC G1S 2M6

[www.jefferyhale.org](http://www.jefferyhale.org)

## Homecare Services



Helping you stay in your home as long as possible, while assuring your safety and quality of life

[www.jefferyhale.org](http://www.jefferyhale.org)



May 24, 2011



## Support to stay at home

The goal of Jeffery Hale Community Services' Homecare program is to help you remain in your home as long as possible, while assuring your safety and quality of life.

Our homecare services are for:

- English-speaking persons;
- Residents of the Greater Quebec City Region, including Portneuf and Charlevoix;
- Recently hospitalized or day-surgery patients;
- Seniors or persons with a disability (an intellectual or physical disability, or a pervasive developmental disorder);
- Persons in the end-of-life stage who may require palliative care.

## Social services

- Psychosocial evaluations;
- Support for caregivers and loved ones;
- Referrals to other resources, such as:
  - temporary housing or respite care;
  - day centres;
  - community organizations.
- Information about prevention programs, such as the WALK Program to prevent falls;
- Service organization:
  - Help with bathing, getting dressed, meals, etc.
  - Personal response systems to call for help;
- Assessments for legal purposes (public curatorship).

## Nursing and other care

### Nursing care

- Wound care, blood tests and other prescribed services;
- Health education and promotion;
- Various other services offered by your local CLSC through our team.

### Occupational therapy

- Evaluation of functional abilities;
- Recommendations for home adaptations and special equipment;
- Referrals to other resources.

### Other professionals

We will refer you to other health professionals as required. In addition, care and services are available in partnership with local CLSCs, such as:

- Physiotherapy;
- Nutrition;
- Home support.